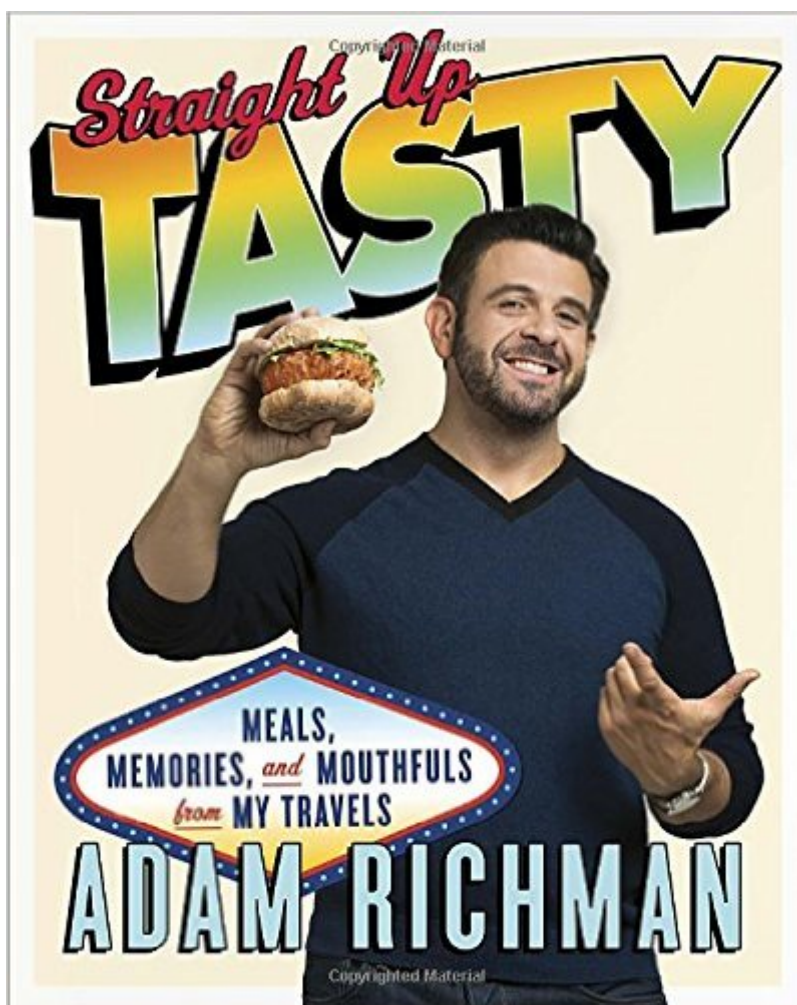


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# Straight Up Tasty: Meals, Memories, And Mouthfuls From My Travels



## Synopsis

The much anticipated first cookbook from Adam Richman, the irrepressible host of *Man vs Food* and NBC's *Food Fighters*, delivers what his fans have been waiting for: a heaping helping of over-the-top flavors with a side order of the erudite humor that is his trademark. Having eaten his way from coast to coast and around the globe, Adam Richman has learned more than a little bit about what makes food taste good. He draws on all that knowledge and his lifelong dedication to seeking out memorable flavors and eating experiences in this high octane collection of dishes that are, quite simply, straight up tasty. The more than 100 diverse, dazzling, and downright delectable recipes reflect the flavor combinations, techniques, and ingredients Adam has encountered in his nonstop travels, all translated into easy-to-use recipes perfect for the home cook, and all given a distinctive Richman spin. But *Straight Up Tasty* is much more than a scrapbook of Adam's culinary expeditions; it offers the perfect foodie flavor bomb for every occasion from a crowd-pleasing spread for game day to a turbocharged holiday feast. Along the way he holds forth on topics as diverse as where to encounter the nation's best burgers and why the best thing on a restaurant menu isn't always what you might think; delivers helpful advice on kitchen prep in haiku form; and recounts the history of chocolate in rhyming couplets. And did we mention Candied Bourbon Bacon? You'll find those delectable tidbits and oh so much more in *Straight Up Tasty*, a cookbook that could only have come from the passionate palate and irrepressible enthusiasm of America's ambassador of flavor, Adam Richman.

## Book Information

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## Customer Reviews

Straight Up Tasty is the new cookbook written by Adam Richman, of Man vs. Food fame. If you never saw the show before, it was a show that featured Adam traveling around and trying to conquer the biggest or more unique food challenges he could find. While the show is no longer on the air, Adam still loves food and it shows with his new cookbook. Adam begins by stating that he is not a chef - but he knows and loves food. For that reason, he decided to write a cookbook with recipes he cooks at home or has developed that were inspired by his travels. These recipes are down to earth with ingredients that all kitchens have - or can easily find. That's the kind of cookbook I enjoy! The cookbook has recipes for breakfast, lunch, snacks and small plates, dinner, side dishes and condiments, and of course, sweets. I have a long list of recipes I want to try from all of the sections, but the first up ones are these. Both his recipes for Lemon Ricotta Pancakes and Oatmeal Pancakes sound simple and delicious. I love the idea of Tortilla Soup with Guacamole Wontons! Brilliant. Along similar lines, his recipe for Creamy Tomato Soup with Grilled Cheese Sandwich Dumplings sounds like a winner for winter nights. Straight Up Tasty is the perfect combination of straight forward recipes, enticing pictures, and short stories that explain how and why these recipes came about. If you're looking for a cookbook written by someone who truly loves good food, check out Adam's new cookbook. I'm sure you'll find a new favorite or two! Please note that I received a free copy of this book from Blogging for Books in exchange for my honest review. All opinions expressed are my own.

I have to be honest, prior to reading this book I had never heard of Adam Richman. Not that this is particularly a bad thing. I came to this book with no preconceived notions as to who he was, what he cooked, or where he had been. In short, a pair of fresh eyes looked at this book and liked what they saw. Adam Richman is a traveling TV foodie who offers up an quite an eclectic collection of culinary delights in "Straight Up Tasty: Meals, Memories, and Mouthfuls from My Travels." This book features over 100 unique recipes that are a combination of favorites from his family and friends as well as regional and international favorites from his travel experiences from around the world. According to Richman this book is a "road map to great eating." It is also a heck of a lot of fun. With the look and appeal of a personal scrapbook, each recipe contains notes and reminisces on the food as well as interesting facts. I loved the section on "Leftover Holiday Candy" recipes. Who has not found themselves in a spot like this, trying desperately to avoid just diving into the candy and polishing it all off in one swoop? The recipes in this section offer tasty ways to pace yourself while slowly eliminating that excess chocolate baggage. With recipes to suit all tastes and budgets, some

of the offerings include: Bacon and Cheddar Frittata, Creamy Tomato Soup with Grilled-Cheese Sandwich Dumplings, Chili-Frito Sloppy Jose with Sliced Avocado and Crunch Pickled Onions, Wild Mushroom Tart, Salted Caramel Candy Apple Tarts, and Oh, Hell Yes Cheesecake (and who does not love that name?) This is a well-organized cookbook with large, colorful photos, and written in a conversational tone. While everyone will easily find something to love here, if you are looking for a gift for your favorite man who loves to cook, he will certainly enjoy this one. Disclaimer: I received a complimentary copy from Blogging for Books in exchange for an honest review.

**What's Inside:** The much anticipated first cookbook from Adam Richman, the irrepressible host of *Man vs Food* and NBC's *Food Fighters*, delivers what his fans have been waiting for: a heaping helping of over-the-top flavors with a side order of the erudite humor that is his trademark. Having eaten his way from coast to coast and around the globe, Adam Richman has learned more than a little bit about what makes food taste good. He draws on all that knowledge and his lifelong dedication to seeking out memorable flavors and eating experiences in this high octane collection of dishes that are, quite simply, straight up tasty. The more than 100 diverse, dazzling, and downright delectable recipes reflect the flavor combinations, techniques, and ingredients Adam has encountered in his nonstop travels, all translated into easy-to-use recipes perfect for the home cook, and all given a distinctive Richman spin. But *Straight Up Tasty* is much more than a scrapbook of Adam's culinary expeditions; it offers the perfect foodie flavor bomb for every occasion from a crowd-pleasing spread for game day to a turbocharged holiday feast. Along the way he holds forth on topics as diverse as where to encounter the nation's best burgers and why the best thing on a restaurant menu isn't always what you might think; delivers helpful advice on kitchen prep in haiku form; and recounts the history of chocolate in rhyming couplets. And did we mention Candied Bourbon Bacon? You'll find those delectable tidbits and oh so much more in *Straight Up Tasty*, a cookbook that could only have come from the passionate palate and irrepressible enthusiasm of America's ambassador of flavor, Adam Richman.

**Who Wrote it:** Adam Richman has starred on and produced numerous Discovery Channel shows, including *Man vs Food* and Adam Richman's *The Best Sandwich in America*, and is the host of NBC's *Food Fighters*. Brooklyn born and bred, Richman is a graduate of Emory University and the Yale School of Drama and is the author of *America the Edible: A Hungry History from Sea to Shining Sea*.

**My Thoughts:** I Love that fact that with *Straight up Tasty* I get the best of both worlds a Travel guide of sorts as well as a Cookbook. Reading this book was so very simple and recipes are easy to read and follow with many pictures. Adam Richman had me sold from the Introduction let me

tell you I was reading and answering his questions like Yes Thats me. I have tried a few of the recipes in this book an I have to say yes I do have a few favorites like Baked Gouda with Sun-Dried Tomato Pesto and Tortilla Soup with Guacamole Wontons to name only a few. I highly recommend Straight up Tasty if your looking for awesome new recipes to try and share with your love ones. Star Rating: I give Straight up Tasty 5 Stars overall I loved it NOTE: I received this book for free from Blogging For Books in return for my honest review

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